



The Fourth Sunday after the Epiphany

January 28, 2024 • 8 AM Rite I

St. Michael's Episcopal Church

CLERGY & STAFF

The Rev. Jesse Perkins, *Rector*

The Rev. Jim Swarouth,
Assistant Rector

The Rev. Tim Murray, *Deacon*

The Rev. Elizabeth (Betsy) Ward, *Retired
Priest Associate*

The Rev. Ralph Osborne,
Retired Priest Associate

The Rev. Judy Heinrich,
Retired Deacon

Theresa Halminiak, *Parish Administrator*

Sara Torbeck, *Director of Music*

Jerry Egger, *Organist*

Kay Lewis, *Junior & Senior High Youth
Ministry*

Kim Curtis, *Facilities Manager & Sunday
School Director*

Carol Hebert, *Bookkeeper*

Caren Hunter, *Director of Little Angels
Christian Preschool*

VESTRY

Lindsay Taylor, *Senior Warden*

Bill Ferry, *Junior Warden*

2024

Carol Berman
Melissa Buckley
Greg Mears

Doug Torbeck

2025

Marisa Boynton
Brant Deichmann
Ellen Lindeen

2026

Sam Adams-Lanham
Wes Kimes
Lynn Mayberry

John Davis, *Treasurer*

Craig Anderson, *Clerk*



St. Michael's Welcomes You!

Whether you are visiting with us for the first time today or if St. Michael's is your home, we welcome you and are glad you are joining us for worship. Wherever you might be in your spiritual journey, we invite you to continue to explore a deeper relationship with God and a stronger spiritual life.

Sunday Worship and Education Schedule

8:00 a.m.	Holy Eucharist, Rite I
9:00 a.m.	St. Michael's Jr. (LiFT) Sturtz House (<i>summer hours vary</i>)
10:00 a.m.	Holy Eucharist, Rite II
10:00 a.m.	Sunday School Visit stmichaelsbarrington.org
6:30 p.m.	St. Michael's Sr. High (LiFT) Sturtz House (<i>as scheduled</i>)

Things to Remember

- When it is time for Holy Communion, walk up to the altar and stand or kneel at the altar rail.
- A digital version of this bulletin is available by visiting our website at stmichaelsbarrington.org.

We also live-stream all services to Facebook and the parish website. This provides a way for everyone to worship with us, even if they are not comfortable returning in person. If you come up for communion, you will likely be seen in our online video by those worshipping at home.

Please visit our website at stmichaelsbarrington.org for more information and announcements.

Contact Information

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The Holy Eucharist

The Fourth Sunday after the Epiphany

Sunday, January 28, 2024 | 8:00 AM | Rite I

PRELUDE | Organist

The Word of God

OPENING HYMN | Hymn 569 God the omnipotent, King who ordainest, *Russia*

Please stand as able

OPENING ACCLAMATION

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

COLLECT OF PURITY | BCP 323

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

GLORIA | BCP 324

Said in unison.

**Glory be to God on high,
and on earth peace, good will towards men.**

**We praise thee, we bless thee,
we worship thee,
we glorify thee,
we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.**

**O Lord, the only-begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world,
have mercy upon us.**

**Thou that takest away the sins of the world,
receive our prayer.**

**Thou that sittest at the right hand of God
the Father,
have mercy upon us.**

**For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God
the Father. Amen**

THE COLLECT OF THE DAY

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Let us pray.

The Celebrant continues:

Almighty and everlasting God, who dost govern all things in heaven and earth: Mercifully hear the supplications of thy people, and in our time grant us thy peace; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

THE FIRST READING | Deuteronomy 18:15-20 *Please be seated.*

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 111| *Confitebor tibi*

Said in unison.

1 Hallelujah!

I will give thanks to the LORD with my whole heart,
in the assembly of the upright, in the congregation.

2 Great are the deeds of the LORD!

they are studied by all who delight in them.

3 His work is full of majesty and splendor,
and his righteousness endures for ever.

4 He makes his marvelous works to be remembered;
the LORD is gracious and full of compassion.

5 He gives food to those who fear him;
he is ever mindful of his covenant.

6 He has shown his people the power of his works
in giving them the lands of the nations.

7 The works of his hands are faithfulness and justice;
all his commandments are sure.

8 They stand fast for ever and ever,
because they are done in truth and equity.

9 He sent redemption to his people;
he commanded his covenant for ever;
holy and awesome is his Name.

10 The fear of the LORD is the beginning of wisdom;
those who act accordingly have a good understanding;
his praise endures for ever.

THE SECOND READING | 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader: The Word of the Lord.

People: **Thanks be to God.**

THE GOSPEL | Mark 1:21-28

Please stand as able.

Deacon: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory be to thee, O Lord.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Deacon: The Gospel of the Lord.

People: **Praise be to thee, O Christ.**

THE SERMON | The Rev. Ralph Osborne

THE NICENE CREED | BCP 326

Please stand. Said in unison.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of
the Father, God from God, Light from Light,
true God from true God, begotten, not
made, of one Being with the Father.
Through him all things were made. For us
and for our salvation he came down from
heaven: by the power of the Holy Spirit
he became incarnate from the Virgin
Mary, and was made man.
For our sake he was crucified under
Pontius Pilate; he suffered death and was
buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated at
the right hand of the Father.
He will come again in glory to judge the
living and the dead, and his kingdom will
have no end.**

**We believe in the Holy Spirit, the Lord, the giver
of life, who proceeds from the Father and
the Son.**

**With the Father and the Son he is
worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE Form III | BCP 387

The Leader and People pray responsively.

Leader: Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Paula, our Bishop; Joseph, Archbishop of Upper Nile Province, and Simon, Bishop of the Diocese of Renk, South Sudan; for Jesse, Jim, Betsy, Ralph, Tim, and Judy, our clergy; and for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for Joe, our President, and for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

We give thanks for those celebrating birthdays and anniversaries: Jay Younger, Patty Ledwig, Florence Compton, Mary Ann and BJ Seagrist, and Patti and Jeff Cross.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

We pray for those who have requested our prayers:

Amy and Matthew, Jeff, Richard, Nancy, Christine, Jeff, Sharon, Andy, Marilyn and Pat, Caden, Sadie, Dave, Phyllis, Cameron, Maribeth, Ruth, Brian, Barb and Steve, Patty, and Amy.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

We remember today:

Richard Pepper Sr., Edwin Tukey, Patricia Magnuson, Alice Peto, Albert Lockett, Clara Penny, and Dean Frelk. Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

The People may add their own petitions.

Silence.

The Celebrant adds a concluding collect.

THE CONFESSION AND ABSOLUTION | BCP 330

Deacon or Celebrant: Let us humbly confess our sins unto Almighty God.

**Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways, to the glory of thy Name. Amen.**

The Priest stands and says:

Celebrant: Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE PEACE

Celebrant: The Peace of the Lord be always with you.
People: **And with thy spirit.**

All may greet one another with the Peace of Christ.

PARISH ANNOUNCEMENTS

Please be seated.

The Holy Communion

THE OFFERTORY

Thank you for your gifts in support of the church's mission and ministries. The offering plates are in the rear at both doors. Offerings may also be made online at stmichaelsbarrington.org/give or by scanning the QR code.



MUSIC AT THE OFFERTORY | WLP773 Heal me hands of Jesus, Sharpe (Green Hymnal)

THE GREAT THANKSGIVING Prayer II | BCP 340

Please stand as able

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Lift up your hearts.

People: **We lift them up unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

People: **It is meet and right so to do.**

The Celebrant continues:

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is sung or said.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Celebrant and People:

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy Glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

The people stand or kneel.

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to lay a hand upon the bread.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

ST. MICHAEL'S EPISCOPAL CHURCH
647 Dundee Avenue • Barrington, IL 60010
stmichaelsbarrington.org
847-381-2323



THE COMMUNION OF THE PEOPLE

All are welcome to come forward to the altar rail for Communion or a Blessing.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Please come forward to receive Communion, receiving the Bread while standing or kneeling at the altar rail. While receiving both the Bread and the Wine is tradition, receiving the Bread alone constitutes full participation in this Holy Communion.

To also receive the Wine, you may remain at the altar rail to drink from the chalice; please do not dip or intinct the Bread into the Wine. If you prefer, you may instead go to the Wine station to receive in an individual, compostable cup.

If you would like a blessing instead, cross your arms and the priest will bless you. If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability [or pandemic], is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth. (BCP 457)

MUSIC AT COMMUNION | Hymn 581 Where charity and love prevail, *Cheshire*

POSTCOMMUNION PRAYER

Kneel or stand.

Celebrant: Let us pray. *Said in unison.*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

BLESSING

CLOSING HYMN | Hymn 493 O for a thousand tongues to sing, *Azmon*

DISMISSAL

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

POSTLUDE | Organist

What's in *The Sword* this week? (scan to sign up for the newsletter)



ANNOUNCEMENTS

Our Treasurer, John Davis, will be holding a Financial Review Meeting today following both services.

CALENDAR AND EVENTS

- **January 28** | Financial Review Meeting after both services.
- **February 4** | Annual Meeting 11:30am
- **February 13** | Shrove Tuesday waffle making, 6:30pm
- **February 14** | Ash Wednesday services, 12:00pm and 6:30pm
- **February 14-25** | Uncaged Art Exhibit at St. Michael's Church, *please see Sword for dates and hours.*

WEEKLY EVENTS

- **Sundays 10:00am** | In Person Sunday School
- **Tuesdays 9:30am – 11:00am** | Tuesday Morning Women's Bible Study
- **Tuesdays 7:00-8:30pm** | Tuesday Evening Women's Bible Study via Zoom
- **Fridays at 6:00 AM** | Men's Fellowship meets in the Community Room

MONTHLY EVENTS

- **Last Tuesday of Every Month** | Prayer Shawl meets in the Library at 6pm
- **Third Wednesday of Every Month** | Book Club meets in the Library at 7pm

Those for whom prayers have been requested:

Nancy, Jeff, Richard, Amy and Matthew, Christine, Jeff, Sharon, Andy, Marilyn and Pat, Caden, Sadie, Dave, Phyllis, Cameron, Maribeth, Ruth, Brian, Barb and Steve, Patty, and Amy

Birthdays		Anniversaries		Remembrances	
1/31	Jay Younger	2/1	Mary Ann and BJ	1/28	Richard Pepper, Sr.
2/1	Patty Ledwig		Seagrist	1/28	Edwin Tukey
2/2	Florence Compton	2/2	Patty and Jeff Cross	1/29	Patricia Magnuson
				1/30	Alice Peto
				1/30	Albert Lockett
				2/1	Clara Penny
				2/3	Dean Frelk

AT TODAY'S WORSHIP

Preaching: The Rev. Ralph Osborne
Presiding: The Rev. Jesse Perkins
Deacon: The Rev. Tim Murray

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