



## **The Fourth Sunday after the Epiphany**

January 28, 2024 • 10 AM Rite II

## St. Michael's Episcopal Church

### CLERGY & STAFF

The Rev. Jesse Perkins, *Rector*  
The Rev. Jim Swarouth,  
*Assistant Rector*  
The Rev. Tim Murray, *Deacon*  
The Rev. Elizabeth (Betsy) Ward,  
*Retired Priest Associate*  
The Rev. Ralph Osborne,  
*Retired Priest Associate*  
*The Rev. Judy Heinrich,*  
*Retired Deacon*  
Theresa Halminiak, *Parish*  
*Administrator*  
Sara Torbeck, *Director of Music*  
Jerry Egger, *Organist*  
Kay Lewis, *Junior & Senior High*  
*Youth Ministry*  
Kim Curtis, *Facilities Manager &*  
*Sunday School Director*  
Carol Hebert, *Bookkeeper*  
Caren Hunter, *Director of Little*  
*Angels Christian Preschool*

### VESTRY

Lindsay Taylor, *Senior Warden*  
Bill Ferry, *Junior Warden*

2024

Carol Berman  
Melissa Buckley  
Greg Mears  
Doug Torbeck

2025

Marisa Boynton  
Brant Deichmann  
Ellen Lindeen

2026

Sam Adams-Lanham  
Wes Kimes  
Lynn Mayberry

John Davis, *Treasurer*  
Craig Anderson, *Clerk*



## St. Michael's Welcomes You!

Whether you are visiting with us for the first time today or if St. Michael's is your home, we welcome you and are glad you are joining us for worship. Wherever you might be in your spiritual journey, we invite you to continue to explore a deeper relationship with God and a stronger spiritual life.

### Sunday Worship and Education Schedule

8:00 a.m.	<b>Holy Eucharist, Rite I</b>
9:00 a.m.	<b>St. Michael's Jr. (LiFT)</b>   Sturtz House <i>(summer hours vary)</i>
10:00 a.m.	<b>Holy Eucharist, Rite II</b>
10:00 a.m.	<b>Sunday School</b>   Visit <a href="http://stmichaelsbarrington.org">stmichaelsbarrington.org</a>
6:30 p.m.	<b>St. Michael's Sr. High (LiFT)</b>   Sturtz House <i>(as scheduled)</i>

### Things to Remember

- When it is time for Holy Communion, walk up to the altar and stand or kneel at the altar rail.
- A digital version of this bulletin is available by visiting our website at [stmichaelsbarrington.org](http://stmichaelsbarrington.org).

We also live-stream all services to Facebook and the parish website. This provides a way for everyone to worship with us, even if they are not comfortable returning in person. If you come up for communion, you will likely be seen in our online video by those worshipping at home.

Please visit our website at [stmichaelsbarrington.org](http://stmichaelsbarrington.org) for more information and announcements.

### Contact Information

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The Reverend Deacon Tim Murray  
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# The Holy Eucharist

## The Fourth Sunday after the Epiphany

Sunday, January 28, 2024 | 10:00 AM | Rite II

**PRELUDE** | Organist

*The tower bells will ring three times, inviting the congregation to stand.*

## The Word of God

*Please stand as able.*

**OPENING HYMN** | Hymn 569 God the omnipotent, King who ordainest, *Russia*

### OPENING ACCLAMATION

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be God's reign, now and for ever. Amen.**

**COLLECT OF PURITY** | BCP 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**SONG OF PRAISE** | S236 Canticle 13 Glory to you, *John Rutter*

## THE COLLECT OF THE DAY

*Celebrant:* God be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen..

*Please be seated.*

## THE FIRST READING | Deuteronomy 18:15-20

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

*Reader:* The Word of the Lord.

*People:* **Thanks be to God**

Psalm 111 | *Confitebor tibi*



The — fear — of the — LORD is the be - gin - ning of wis - dom.

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<sup>1</sup>Hallelujah!

I will give thanks to the LORD with my whole heart,  
in the assembly of the upright, in the congregation.

<sup>2</sup>Great are the deeds of the LORD!  
they are studied by all who delight in them. **Antiphon**

<sup>3</sup>His work is full of majesty and splendor,  
and his righteousness endures forever.

<sup>4</sup>He makes his marvelous works to be remembered;  
the LORD is gracious and full of compassion. **Antiphon**

<sup>5</sup>He gives food to those who fear him;  
he is ever mindful of his covenant.

<sup>6</sup>He has shown his people the power of his works  
in giving them the lands of the nations. **Antiphon**

<sup>7</sup>The works of his hands are faithfulness and justice;  
all his commandments are sure.

<sup>8</sup>They stand fast for ever and ever,  
because they are done in truth and equity. **Antiphon**

<sup>9</sup>He sent redemption to his people;  
he commanded his covenant forever;  
holy and awesome is his Name.

<sup>10</sup>The fear of the LORD is the beginning of wisdom;  
those who act accordingly have a good understanding;  
his praise endures forever. **Antiphon**

## THE SECOND READING | 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

## GRADUAL HYMN | WLP773 Heal me hands of Jesus, *Sharpe* (Green Hymnal)

## THE GOSPEL | Mark 1:21-28

*Please stand as able.*

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People:* **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

*Deacon:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

## THE SERMON | The Rev. Ralph Osborne

## **THE NICENE CREED | Expanded Language**

*Please stand. Said in unison.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary, and became truly human.  
For our sake he was crucified under  
Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living  
and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver  
of life, who proceeds from the Father.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic  
Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**PRAYERS OF THE PEOPLE** Form III | BCP 387

*The Leader and People pray responsively.*

*Leader:* Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Paula, our Bishop; Joseph, Archbishop of Upper Nile Province, and Simon, Bishop of the Diocese of Renk, South Sudan; for Jesse, Jim, Betsy, Ralph, Tim, and Judy, our clergy; and for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for Joe, our President, and for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

We give thanks for those celebrating birthdays and anniversaries: Jay Younger, Patty Ledwig, Florence Compton, Mary Ann and BJ Seagrist, and Patti and Jeff Cross.

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

We pray for those who have requested our prayers:

Amy and Matthew, Jeff, Richard, Nancy, Christine, Jeff, Sharon, Andy, Marilyn and Pat, Caden, Sadie, Dave, Phyllis, Cameron, Maribeth, Ruth, Brian, Barb and Steve, Patty, and Amy.

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

We remember today:

Richard Pepper Sr., Edwin Tukey, Patricia Magnuson, Alice Peto, Albert Lockett, Clara Penny, and Dean Frelk.  
Give to the departed eternal rest;

**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*The People may add their own petitions.*

*Silence.*

*The Celebrant adds a concluding collect.*



## THE CONFESSION AND ABSOLUTION | BCP 330

*Deacon or Celebrant*

Let us confess our sins against God and our neighbor.

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen..**

*The priest stands and says:*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

*Celebrant:* The Peace of God be always with you.

*People:* **And also with you.**

*All may greet one another with the Peace of Christ.*

## PARISH ANNOUNCEMENTS

*Please be seated.*

# The Holy Communion

## THE OFFERTORY

*Thank you for your gifts in support of the church's mission and ministries.  
Offerings may also be made online by scanning the QR code.*



**MUSIC AT THE OFFERTORY** | There's a wideness in God's mercy, *Maurice Bevan*

**DOXOLOGY** | Hymn 380, Praise God from Whom all Blessings Flow, Old 100th, Verse 3

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost. Amen.

**THE GREAT THANKSGIVING** Prayer A | Expansive Language

*Please stand as able.*

*Celebrant:* God be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

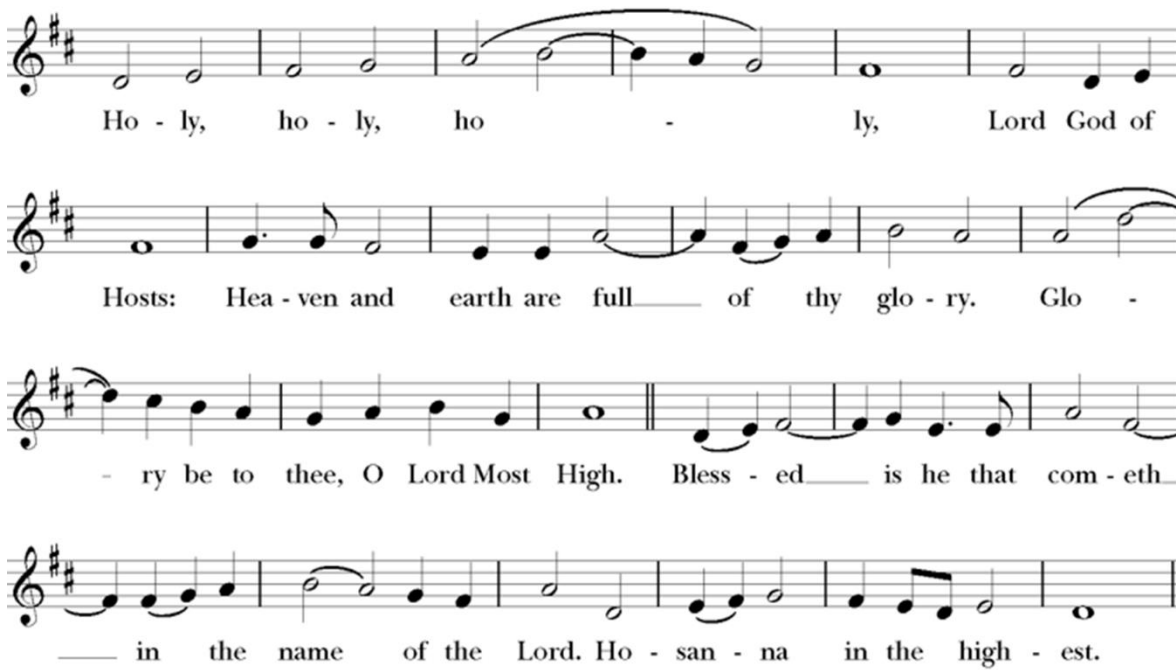
*People:* **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

*Here a proper preface is said.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## SANCTUS | S114 Holy Holy Holy Healey Willan



Ho - ly, ho - ly, ho - ly, Lord God of  
Hosts: Hea - ven and earth are full of thy glo - ry. Glo -  
- ry be to thee, O Lord Most High. Bless - ed is he that com - eth  
in the name of the Lord. Ho - san - na in the high - est.

*The People Stand or Kneel:*

*Celebrant:* Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

*The Celebrant lays a hand upon the bread.*

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had give thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.  
Christ is risen.  
Christ will come again.**

*Celebrant:* We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

## **THE LORD'S PRAYER**

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant and People:*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## **THE BREAKING OF THE BREAD**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast. Alleluia.**

FRACTION ANTHEM | S164 Jesus lamb of God, Schubert/Proulx

Je - sus, Lamb of God: have mer - cy on us.

The first system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. The lower staff is in bass clef with the same key signature and time signature. The lyrics are written below the upper staff.

Je - sus, bear - er of our sins: have mer - cy on us.

The second system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. The lower staff is in bass clef with the same key signature and time signature. The lyrics are written below the upper staff.

Je - sus, re - deem - er, re - deem - er of the world:

The third system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. The lower staff is in bass clef with the same key signature and time signature. The lyrics are written below the upper staff.

give us your peace, give us your peace.

The fourth system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. The lower staff is in bass clef with the same key signature and time signature. The lyrics are written below the upper staff.

## THE COMMUNION OF THE PEOPLE

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*Please come forward to receive Communion, receiving the Bread while standing or kneeling at the altar rail. While receiving both the Bread and the Wine is tradition, receiving the Bread alone constitutes full participation in this Holy Communion.*

*To also receive the Wine, you may remain at the altar rail to drink from the chalice; please do not dip or intinct the Bread into the Wine. If you prefer, you may instead go to the Wine station to receive in an individual, compostable cup.*

*If you would like a blessing instead, cross your arms and the priest will bless you. If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability [or pandemic], is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth. (BCP 457)*

**MUSIC AT COMMUNION** | Hymn 581 Where charity and love prevail, *Cheshire*

## COMMISSIONING OF LAY EUCHARISTIC MINISTERS (as needed)

*Please stand as able.*

*Celebrant:* In Christ's name and on behalf of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

*People:* **We who are many are one body, because we share one bread, one cup.**

## POSTCOMMUNION PRAYER

*Kneel or stand.*

*Celebrant:* Let us pray.

*Said by the Celebrant & People:*

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## BLESSING

**CLOSING HYMN** | Hymn 493 O for a thousand tongues to sing, *Azmon*

## DISMISSAL

*Deacon or Celebrant:* Let us go forth into the world, rejoicing in the power of the Spirit.

*People:* **Thanks be to God.**

**POSTLUDE** | Organist

**ST. MICHAEL'S EPISCOPAL CHURCH**  
647 Dundee Avenue • Barrington, IL 60010  
stmichaelsbarrington.org  
847-381-2323

## What's in *The Sword* this week?

### ANNOUNCEMENTS

Our Treasurer, John Davis, will be holding a Financial Review Meeting today following both services.

### CALENDAR AND EVENTS

- **January 28** | Financial Review Meeting after both services.
- **February 4** | Annual Meeting 11:30am
- **February 13** | Shrove Tuesday waffle making, 6:30pm
- **February 14** | Ash Wednesday services, 12:00pm and 6:30pm
- **February 14-25** | Uncaged Art Exhibit at St. Michael's Church, *please see Sword for dates and times.*

### WEEKLY EVENTS

- **Sundays 10:00am** | In Person Sunday School
- **Tuesdays 9:30am – 11:00am** | Tuesday Morning Women's Bible Study
- **Tuesdays 7:00-8:30pm** | Tuesday Evening Women's Bible Study via Zoom
- **Fridays at 6:00 AM** | Men's Fellowship meets in the Community Room

### MONTHLY EVENTS

- **Last Tuesday of Every Month** | Prayer Shawl meets in the Library at 6pm
- **Third Wednesday of Every Month** | Book Club meets in the Library at 7pm

### Those for whom prayers have been requested:

Nancy, Jeff, Richard, Amy and Matthew, Christine, Jeff, Sharon, Andy, Marilyn and Pat, Caden, Sadie, Dave, Phyllis, Cameron, Maribeth, Ruth, Brian, Barb and Steve, Patty, and Amy

Birthdays		Anniversaries		Remembrances	
1/31	Jay Younger	2/1	Mary Ann and BJ	1/28	Richard Pepper, Sr.
2/1	Patty Ledwig		Seagrist	1/28	Edwin Tukey
2/2	Florence Compton	2/2	Patty and Jeff Cross	1/29	Patricia Magnuson
				1/30	Alice Peto
				1/30	Albert Lockett
				2/1	Clara Penny
				2/3	Dean Frelk

### AT TODAY'S WORSHIP

*Preaching:* The Rev. Ralph Osborne

*Presiding:* The Rev. Jesse Perkins

*Deacon:* The Rev. Tim Murray

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