



## **The Fifth Sunday after the Epiphany**

February 04, 2024 • 8 AM Rite I

## St. Michael's Episcopal Church

### CLERGY & STAFF

The Rev. Jesse Perkins, *Rector*

The Rev. Jim Swarouth,  
*Assistant Rector*

The Rev. Tim Murray, *Deacon*

The Rev. Elizabeth (Betsy) Ward, *Retired  
Priest Associate*

The Rev. Ralph Osborne,  
*Retired Priest Associate*

The Rev. Judy Heinrich,  
*Retired Deacon*

Theresa Halminiak, *Parish Administrator*

Sara Torbeck, *Director of Music*

Jerry Egger, *Organist*

Kay Lewis, *Junior & Senior High Youth  
Ministry*

Kim Curtis, *Facilities Manager & Sunday  
School Director*

Carol Hebert, *Bookkeeper*

Caren Hunter, *Director of Little Angels  
Christian Preschool*

### VESTRY

Lindsay Taylor, *Senior Warden*

Bill Ferry, *Junior Warden*

2024

Carol Berman  
Melissa Buckley  
Greg Mears

Doug Torbeck

2025

Marisa Boynton  
Brant Deichmann  
Ellen Lindeen

2026

Sam Adams-Lanham  
Wes Kimes  
Lynn Mayberry

John Davis, *Treasurer*

Craig Anderson, *Clerk*

## St. Michael's Welcomes You!

Whether you are visiting with us for the first time today or if St. Michael's is your home, we welcome you and are glad you are joining us for worship. Wherever you might be in your spiritual journey, we invite you to continue to explore a deeper relationship with God and a stronger spiritual life.

### Sunday Worship and Education Schedule

8:00 a.m.	<b>Holy Eucharist, Rite I</b>
9:00 a.m.	<b>St. Michael's Jr. (LiFT)</b>   Sturtz House <i>(summer hours vary)</i>
10:00 a.m.	<b>Holy Eucharist, Rite II</b>
10:00 a.m.	<b>Sunday School</b>   Visit <a href="http://stmichaelsbarrington.org">stmichaelsbarrington.org</a>
6:30 p.m.	<b>St. Michael's Sr. High (LiFT)</b>   Sturtz House <i>(as scheduled)</i>

### Things to Remember

- When it is time for Holy Communion, walk up to the altar and stand or kneel at the altar rail.
- A digital version of this bulletin is available by visiting our website at [stmichaelsbarrington.org](http://stmichaelsbarrington.org).

We also live-stream all services to Facebook and the parish website. This provides a way for everyone to worship with us, even if they are not comfortable returning in person. If you come up for communion, you will likely be seen in our online video by those worshipping at home.

Please visit our website at [stmichaelsbarrington.org](http://stmichaelsbarrington.org) for more information and announcements.

### Contact Information

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# The Holy Eucharist

## The Fifth Sunday after the Epiphany

Sunday, February 4, 2024 | 8:00 AM | Rite I

PRELUDE | Organist

## The Word of God

OPENING HYMN | Hymn 401 The God of Abraham Praise, *Leoni*

*Please stand as able*

### OPENING ACCLAMATION

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be his kingdom, now and for ever. Amen.**

### COLLECT OF PURITY | BCP 323

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### GLORIA | BCP 324

*Said in unison.*

**Glory be to God on high,  
and on earth peace, good will towards men.**

**We praise thee, we bless thee,  
we worship thee,  
we glorify thee,  
we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.**

**O Lord, the only-begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.**

**Thou that takest away the sins of the world,  
receive our prayer.**

**Thou that sittest at the right hand of God  
the Father,  
have mercy upon us.**

**For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,  
with the Holy Ghost,  
art most high in the glory of God  
the Father. Amen**

## THE COLLECT OF THE DAY

*Celebrant:* The Lord be with you.

*People:* **And with thy spirit.**

*Celebrant:* Let us pray.

*The Celebrant continues:*

Set us free, O God, from the bondage of our sins and give us, we beseech thee, the liberty of that abundant life which thou hast manifested to us in thy Son our Savior Jesus Christ; who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## THE FIRST READING | Isaiah 40:21-31

*Please be seated.*

Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain, and spreads them like a tent to live in;

who brings princes to naught, and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth,

when he blows upon them, and they wither, and the tempest carries them off like stubble.

To whom then will you compare me, or who is my equal? says the Holy One.

Lift up your eyes on high and see: Who created these?

He who brings out their host and numbers them, calling them all by name;

because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel,

"My way is hidden from the LORD, and my right is disregarded by my God"?

Have you not known? Have you not heard?

The LORD is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable.

He gives power to the faint, and strengthens the powerless.

Even youths will faint and be weary, and the young will fall exhausted;

but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles,

they shall run and not be weary, they shall walk and not faint.

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

**Psalm 147:1-12, 21c** | *Laudate Dominum*

***Said in unison.***

1 Hallelujah!

How good it is to sing praises to our God!  
how pleasant it is to honor him with praise!

2 The LORD rebuilds Jerusalem;  
he gathers the exiles of Israel.

3 He heals the brokenhearted  
and binds up their wounds.

4 He counts the number of the stars  
and calls them all by their names.

5 Great is our LORD and mighty in power;  
there is no limit to his wisdom.

6 The LORD lifts up the lowly,  
but casts the wicked to the ground.

7 Sing to the LORD with thanksgiving;  
make music to our God upon the harp.

8 He covers the heavens with clouds  
and prepares rain for the earth;

9 He makes grass to grow upon the mountains  
and green plants to serve mankind.

10 He provides food for flocks and herds  
and for the young ravens when they cry.

11 He is not impressed by the might of a horse;  
he has no pleasure in the strength of a man;

12 But the LORD has pleasure in those who fear him,  
in those who await his gracious favor.

21 Hallelujah!

## THE SECOND READING | 1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

## THE GOSPEL | Mark 1:29-39

*Please stand as able.*

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People:* **Glory be to thee, O Lord.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*Deacon:* The Gospel of the Lord.

*People:* **Praise be to thee, O Christ.**

## THE SERMON | The Rev. Jesse Perkins

**THE NICENE CREED | BCP 326**

*Please stand. Said in unison.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of  
the Father, God from God, Light from Light,  
true God from true God, begotten, not  
made, of one Being with the Father.  
Through him all things were made. For us  
and for our salvation he came down from  
heaven: by the power of the Holy Spirit  
he became incarnate from the Virgin  
Mary, and was made man.  
For our sake he was crucified under  
Pontius Pilate; he suffered death and was  
buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is seated at  
the right hand of the Father.  
He will come again in glory to judge the  
living and the dead, and his kingdom will  
have no end.**

**We believe in the Holy Spirit, the Lord, the giver  
of life, who proceeds from the Father and  
the Son.  
With the Father and the Son he is  
worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and  
apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## PRAYERS OF THE PEOPLE Form III | BCP 387

*The Leader and People pray responsively.*

*Leader:* Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Paula, our Bishop; Joseph, Archbishop of Upper Nile Province, and Simon, Bishop of the Diocese of Renk, South Sudan; for Jesse, Jim, Betsy, Ralph, Tim, and Judy, our clergy; and for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for Joe, our President, and for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

We give thanks for those celebrating birthdays and anniversaries:  
Wendy O’Riordan, Grace Guthrie, Jay Ward, Shona Garcia, Una Colohan, Lou Longo, John Garcia, Larry Quinlan, Pat Steed, Sally Smith, Darci and George Lorenzo, and Debbie and John Garcia.  
Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

We pray for those who have requested our prayers:  
Meg and Charlie, Sarah and Evelyn, Amy and Matthew, Jeff, Richard, Nancy, Christine, Jeff, Sharon, Andy, Marilyn and Pat, Caden, Sadie, Dave, Phyllis, Cameron, Maribeth, Ruth, Brian, Barb and Steve, Patty, Amy and Karen.  
Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

We remember today:  
Jane Bachini, Suzanne Jantz, Bob Hoffman, Kent Taylor, Patricia Jones, Ralph Holvay, and Dave Hoffman. Give to the departed eternal rest;  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*The People may add their own petitions.*  
*Silence.*

*The Celebrant adds a concluding collect.*



## THE CONFESSION AND ABSOLUTION | BCP 330

*Deacon or Celebrant:* Let us humbly confess our sins unto Almighty God.

**Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways, to the glory of thy Name. Amen.**

*The Priest stands and says:*

*Celebrant:* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## THE PEACE

*Celebrant:* The Peace of the Lord be always with you.

*People:* **And with thy spirit.**

*All may greet one another with the Peace of Christ.*

## PARISH ANNOUNCEMENTS

*Please be seated.*

## The Holy Communion

### THE OFFERTORY

*Thank you for your gifts in support of the church's mission and ministries. The offering plates are in the rear at both doors. Offerings may also be made online at [stmichaelsbarrington.org/give](http://stmichaelsbarrington.org/give) or by scanning the QR code.*



**MUSIC AT THE OFFERTORY | Burgundy Book 59 Great is the Lord, Michael W.**

Smith/Deborah D. Smith

## THE GREAT THANKSGIVING Prayer II | BCP 340

*Please stand as able*

*Celebrant:* The Lord be with you.

*People:* **And with thy spirit.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them up unto the Lord.**

*Celebrant:* Let us give thanks unto our Lord God.

*People:* **It is meet and right so to do.**

*The Celebrant continues:*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is sung or said.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Celebrant and People:*

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy Glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

*The people stand or kneel.*

*Celebrant:* All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

*At the following words concerning the bread, the Celebrant is to lay a hand upon the bread.*

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make;

having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

## **THE LORD'S PRAYER**

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant and People:*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## **THE BREAKING OF THE BREAD**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast. Alleluia.**

**ST. MICHAEL'S EPISCOPAL CHURCH**  
647 Dundee Avenue • Barrington, IL 60010  
stmichaelsbarrington.org  
847-381-2323



## THE COMMUNION OF THE PEOPLE

*All are welcome to come forward to the altar rail for Communion or a Blessing.*

**Celebrant:** The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*Please come forward to receive Communion, receiving the Bread while standing or kneeling at the altar rail. While receiving both the Bread and the Wine is tradition, receiving the Bread alone constitutes full participation in this Holy Communion.*

*To also receive the Wine, you may remain at the altar rail to drink from the chalice; please do not dip or intinct the Bread into the Wine. If you prefer, you may instead go to the Wine station to receive in an individual, compostable cup.*

*If you would like a blessing instead, cross your arms and the priest will bless you. If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability [or pandemic], is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth. (BCP 457)*

**MUSIC AT COMMUNION | Hymn 309 O food to pilgrims given, O Welt ich muss dich lassen**

## POSTCOMMUNION PRAYER

*Kneel or stand.*

**Celebrant:** Let us pray. *Said in unison.*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## BLESSING

**CLOSING HYMN | Hymn 347 Go forth for God, Go, Litton**

## DISMISSAL

**Deacon:** Let us go forth into the world, rejoicing in the power of the Spirit.

**People:** **Thanks be to God.**

**POSTLUDE | Organist**

What's in *The Sword* this week? (scan to sign up for the newsletter)



### CALENDAR AND EVENTS

- **February 4** | Annual Meeting 11:30am
- **February 13** | Shrove Tuesday waffle making, 6:30pm
- **February 14** | Ash Wednesday services, 12:00pm and 6:30pm
- **February 14-25** | Uncaged Art Exhibit at St. Michael's Church, *please see Sword for dates and hours.*
- **March 10** | Choral Evensong, 5pm
- **March 24** | Palm Sunday, 8am and 10am
- **March 28** | Maundy Thursday, 6:30pm
- **March 29** | Good Friday Services, more information coming soon.
- **March 30** | Easter Vigil, Holy Saturday Evening, 8pm
- **March 31** | Easter Sunday Services, 9am and 11am

### WEEKLY EVENTS

- **Sundays 10:00am** | In Person Sunday School
- **Tuesdays 9:30am – 11:00am** | Tuesday Morning Women's Bible Study
- **Tuesdays 7:00-8:30pm** | Tuesday Evening Women's Bible Study via Zoom
- **Fridays at 6:00 AM** | Men's Fellowship meets in the Community Room

### MONTHLY EVENTS

- **Last Tuesday of Every Month** | Prayer Shawl meets in the Library at 6pm
- **Third Wednesday of Every Month** | Book Club meets in the Library at 7pm

### Those for whom prayers have been requested:

Meg and Charlie, Sarah and Evelyn, Nancy, Jeff, Richard, Amy and Matthew, Christine, Jeff, Sharon, Andy, Marilyn and Pat, Caden, Sadie, Dave, Phyllis, Cameron, Maribeth, Ruth, Brian, Barb and Steve, Patty, Amy and Karen.

Birthdays		Anniversaries		Remembrances	
2/4	Wendy O'Riordan	2/7	Darci and George	2/4	Jane Bachini
2/4	Grace Guthrie		Lorenzo	2/5	Suzanne Jantz
2/4	Jay Ward	2/10	Debbie and John Garcia	2/5	Bob Hoffman
2/6	Shona Garcia			2/6	Kent Taylor
2/6	Una Colohan			2/9	Patricia Jones
2/8	Lou Longo			2/10	Ralph Holvay
2/8	John Garcia			2/10	Dave Hoffman
2/9	Larry Quinlan				
2/10	Pat Steed				
2/10	Sally Smith				

### AT TODAY'S WORSHIP

*Preaching and Presiding:* The Rev. Jesse Perkins  
*Deacon:* The Rev. Tim Murray

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