

PRAYING LENT



2017



THURSDAY, MARCH 2

Pray for Peace in Times of Conflict and War

~ from the Church of England

~ Submitted by the Peace & Justice Committee of St. Michael's

Compassionate God and Father of all,
we are horrified at violence
in so many parts of the world.
It seems that none are safe,
and some are terrified.
Hold back the hands that kill and maim;
turn around the hearts that hate.
Grant instead your strong Spirit of Peace -
peace that passes our understanding
but changes lives,
through Jesus Christ our Lord. Amen.



FRIDAY, MARCH 3

Pray for Talia Freund

a 14 year old girl with cancer and doesn't have a lot of time with us... Please pray for her, her family, and her friends.

Pray for Healing

Heavenly Father, today we pray for healing of our mind, spirit and bodies. We pray especially for those suffering from cancer. Bless with restored health each person suffering from cancer along with their families and friends, doctors, nurses and others caring for them. We ask in Jesus name. Amen.



PRAYING LENT





✙✙ SATURDAY, MARCH 4

Pray for Our Nation and Communities

Lord God, we pray for healing and safety in our nation and communities. At this time of transition, let our dialogue be civil and open, free of hate and misunderstanding. Help us to understand the perspective of others, although we might be in disagreement. Let us not become overwhelmed by the noise and discord that might surround us. Keep safe all who protect us and all whom they encounter.

Thank you Heavenly Father for hearing our prayers and guiding us on our journey, now and always. Amen.

Pray for Unity

Dearest God, thank you for giving us your strong fathering qualities to guide us through this challenging political time. Thank you for giving us your gentle mothering qualities so we can learn to love each other regardless of political beliefs.





✠✠ MONDAY, MARCH 6

Pray For Those Who Need Your Loving Arms To Enfold Them.

~ The Rev. Judith Heinrich, Deacon

Be they sick in body, mind or spirit. May they turn to you for your healing power with the knowledge that you are traveling with them in their time of need. Restore them to health and strength and give solace to all who wait and watch.



✝️ TUESDAY, MARCH 7

Pray for Guidance

~ *The Book of Common Prayer*

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly: Grant us, in all our doubts and uncertainties, the grace to ask what you would have us to do, that the Spirit of wisdom may save us from all false choices, and that in your light we may see light, and in your straight path may not stumble; through Jesus Christ our Lord. Amen.



✝️ WEDNESDAY, MARCH 8

Pray for This Beautiful Planet

and all its creatures and creation that God has entrusted to us for safekeeping.

Pray for Renewal of Spirit

Dear Father, during this Lenten season, may God fill us with a sense of renewal and strengthened faith as we look forward to Easter and spring which follows. Bless us with your guidance and love. In Jesus name we pray. Amen.





✙✙ THURSDAY, MARCH 9

Pray for Us in Times of Conflict

~ *The Book of Common Prayer*

O God you have bound us together in a common life. Help us, in the midst of our struggles for justice and truth, to confront one another without hatred or bitterness, and to work together with mutual forbearance and respect; through Jesus Christ our Lord. Amen.

Pray for Our Teenagers

Open their eyes to see You as they confront decisions in their daily lives. Let them find comfort in you. Let them feel the power of the Holy Spirit.



✠✠ FRIDAY, MARCH 10

Pray for the Meek

God, Creator, One Known by many names...

I place the elders and infirm in my family and community into your hands...(name these people). I give thanks for their wisdom and inspiration. I give thanks for the time we have remaining to continue to come to know each other and YOU. With grateful heart, I thank all who minister to these good souls. I ask for your guidance that I may do my part to ease their burdens and guide them on their way.

Grateful am I for the Home Lay Eucharistic Ministry at St. Michaels. Thank you for the love, communion, and companionship you share so generously!



✙✙ SATURDAY, MARCH 11

Pray for All in the World

to learn to listen before talking and to never talk over someone else. Whether you agree or not, listen to another to understand their perspective.

Pray for all in the world to learn to compromise. Giving up a little... reaps much more.





✙✙ MONDAY, MARCH 13

Pray for the Hungry, the Homeless, the Least and the Lost

~ The Rev. Laurie Michaels, Deacon

For those near and far who are in turmoil this day,
For every family in its brokenness,
For the woundedness in our own lives
and for every creature that is suffering,
O God of all life, we pray.



✝️ TUESDAY, MARCH 14

Pray for Family and Loved Ones

Heavenly Father, I pray for my family and loved ones today. May they be protected from all danger and harm, and may they be strong in warding off temptations or harmful choices. I pray that they will encounter joy, encouragement, positive relationships, and validation in who they are and in what they do today. In their encounters throughout the day, I pray that they will be thoughtful of others and compassionate to those in need of a friend or a helping hand. And at the end of the day, I pray that they will be forever mindful of their blessings and give thanks to You. In Jesus' name I pray. Amen.



✠✠✠ WEDNESDAY, MARCH 15

Pray for Humility and a Penitent Heart

Accept me into your presence I pray; open my mind that I may better understand You, my eyes to clearly see You and my ears to loudly hear You. I ask these in the name of Jesus Christ. Amen.

Pray for the Journey

Gracious Father, thank you for your presence as we journey through our day each with its blessings and sorrows, joys and disappointments. May we continue to strive to live as you would have us do.





✙✙ THURSDAY, MARCH 16

Pray for St. Michael's

Wonderful Lord God, bless this Church and all who worship here. Keep her good people safe and grounded in the Spirit. Keep us ever mindful to reach out within our parish community and outward to those less fortunate. Let us be inspired by scripture daily as we seek to be good stewards of the Kingdom here on earth. In your glorious name we pray. Amen.



✝️ FRIDAY, MARCH 17

Pray Not to Worry About Tomorrow

~ Matthew 6:24-34

...therefore, do not worry, saying 'What will we eat?', or "what will we drink?" or "what will we wear?" For it is the Gentiles who strive for all these things and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well....

So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today...'



✝️ SATURDAY, MARCH 18

Pray for Peace and Unity

Dear Heavenly Father, we ask you to bless us with your divine guidance in bringing our country to be peaceful and unified during this time of unrest. Grant us peace as we gather together, O Lord, regardless of our differences. Show us the way so that we may come together united in our love for our Savior, Jesus Christ. In Jesus name we pray. Amen.



✝ THURSDAY, MARCH 23

Pray for Serenity

~ by Reinhold Niebuhr

God, give me the serenity to accept the things I cannot change
 Courage to change the things I can
 and the wisdom to know the difference
 Living one day at a time
 Enjoying one moment at a time
 Accepting hardship as a path to peace. Amen



FRIDAY, MARCH 24

Pray for a Spirit of Community

O God, our heavenly Father, make the door of our community wide enough to receive all who need human love and fellowship and a Father's care; and narrow enough to shut out all envy, pride and uncharitableness. Make its threshold smooth enough to be no stumbling-block to children, the weak or those with straying feet. Make it strong enough to bolster our faith when the winds inevitably howl. Make the door to our community a gateway to Thy Eternal Kingdom. Give us this day an increase in Thy Holy Spirit of love and let us be a service to others, through Jesus Christ our Lord and Savior.



††† SATURDAY, MARCH 25

Pray the Morning Prayer of Philaret of Moscow

O Lord, grant me to greet the coming day in peace.
Help me in all things to rely upon Your holy will.
In every hour of the day reveal Your will to me.
Bless my dealings with all who surround me.
Teach me to treat all that comes to me throughout the day with peace of soul, and with
the firm conviction that Your will governs all.
In all my deeds and words guide my thoughts and feelings.
In unforeseen events let me not forget that all are sent by You.
Teach me to act firmly and wisely, without embittering or embarrassing others.
Give me strength to bear the fatigue of this coming day with all that it will bring.
Direct my will, teach me to pray, pray You Yourself in me. Amen.



~ 1 Corinthians 13

❤️ Love ❤️ never fails."



~ The Greeters Ministry

~ The Coffee Ministry

Pray that the hospitality delivers comfort to those in need. May the love shown to everyone in and outside this parish wrap God's love around them. Pray for those who make coffee and provide any kind of hospitality in this parish.

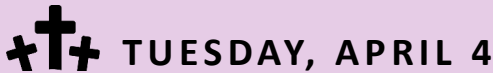


✠✠✠ MONDAY, APRIL 3

Pray for Vocation in Daily Work

~ *The Book of Common Prayer*

Almighty God our heavenly Father, you declare your glory and show forth your handiwork in the heavens and in the earth: Deliver us, we pray, in our various occupations from the service of self alone, that we may do the work which you have given us to do in truth and beauty and for the common good; for the sake of him who came among us as one who serves, your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.



✝️ TUESDAY, APRIL 4

Pray for the Sick

I lift up all those have cancer, that they may be healed. I lift up their caregivers and families who are also suffering through this crisis. I also lift up the doctors, scientists and other health professionals who are trying to find a cure so that this scourge will be eradicated forever. Thank you, Lord Jesus, you are an Awesome God who teaches us love and compassion and only asks for the same in return. Guide us, Lord, to walk in your way. Amen.



✠✠✠ WEDNESDAY, APRIL 5

Pray to Be Present

At every moment of our existence, You are present to us, Father in gentle compassion. Help us to be present to one another, So that our presence may be a strength That heals the wounds of time and gives hope-That is for all persons through Jesus, our Lord and Brother.





✝️ THURSDAY, APRIL 6

Pray for Our Teachers

May God fill their cup with patience, wisdom, kindness, compassion, and love, that out of his gracious bounty they may teach and bless others. Pray that they lead as Christ-like examples in our schools and communities and teach our children to love and respect all people as brothers and sisters in Christ. Pray for their families, that they may find rest and balance between home and their work and maintain harmonious relationships. Pray for God's holy inspiration to give them energy and creativity as they design activities to nurture our children's growth, knowledge, and understanding of the world. Thank you Lord for the gift of teachers and their many sacrifices of love in caring for their students. Please bless and multiply their efforts.



✝️ FRIDAY, APRIL 7

Pray for Aging Friends, Classmates and Family

Pray their years ahead are filled with peace, joy, and laughter. Pray the hand of God gives them excellent physical health and a strong, focused mind. Pray the Almighty will continue to direct their purpose and efforts in life. Bless that these special people will always feel the love, guidance, and support of their friends and family. Pray the Meaning and Blessings of this Easter will grow and expand their hearts. And may the challenges of Lent and the Joy of Easter touch all my friends at St. Michael's. Amen.



††† SATURDAY, APRIL 8

Pray for Those Who Have No One to Pray for Them

Most loving Father, I ask Your compassion and grace on those who have no one to pray for them or to witness faith or Christian love to them. I pray for all who cannot or do not pray or believe, that You will bless them in all their needs. Hear their humble cry and grant their requests. For those who do not know to seek You, and those who desire to believe but cannot, please do not leave them wandering in the wilderness. Carry them and all your children into Your light and love.



✠✠ MONDAY IN HOLY WEEK APRIL 10

Pray for the South Sudan

Pray for all the institutions of learning in South Sudan. Grant that all who teach and study may be filled with all kinds of good knowledge, acquire the relevant skills they need and be disciplined. Also give them patience, gentleness and understanding.

Pray for the internally displaced people of South Sudan. Drive them from all snares of the enemy. Surround them with holy angels to preserve them in peace. Provide them with hope and courage with food, water, and medicine.

Pray for the leaders of the church in South Sudan. Give them your wisdom and your guidance through your Holy Spirit, as they serve your people and carry out your mission according to your will.



✠✠ TUESDAY IN HOLY WEEK APRIL 11

Pray for Strength

Father, search my heart. Show me any area in my life where I may be running or hiding. I choose Today to stand in faith, and invite You to move mightily on my behalf in Jesus' name. Amen.



✝️ WEDNESDAY IN HOLY WEEK APRIL 12

Pray for Acceptance

~ *The Book of Common Prayer*

O God, who created all people's in your image, we thank you for the wonderful diversity of races and cultures in this world. Enrich our lives with ever-widening circles of fellowship and show us your presence in those who differ most from us until our knowledge of your love is made perfect in our love for all of your children through Jesus Christ our Lord. Amen.



✠✠✠ MAUNDY THURSDAY APRIL 13

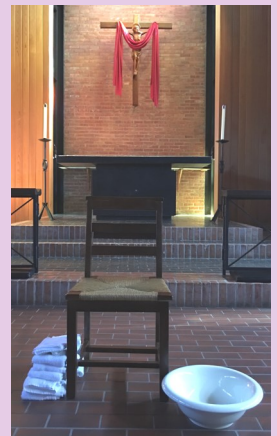
Pray for the Trinity ~ Pastor Ulrika “Eva” Vinge

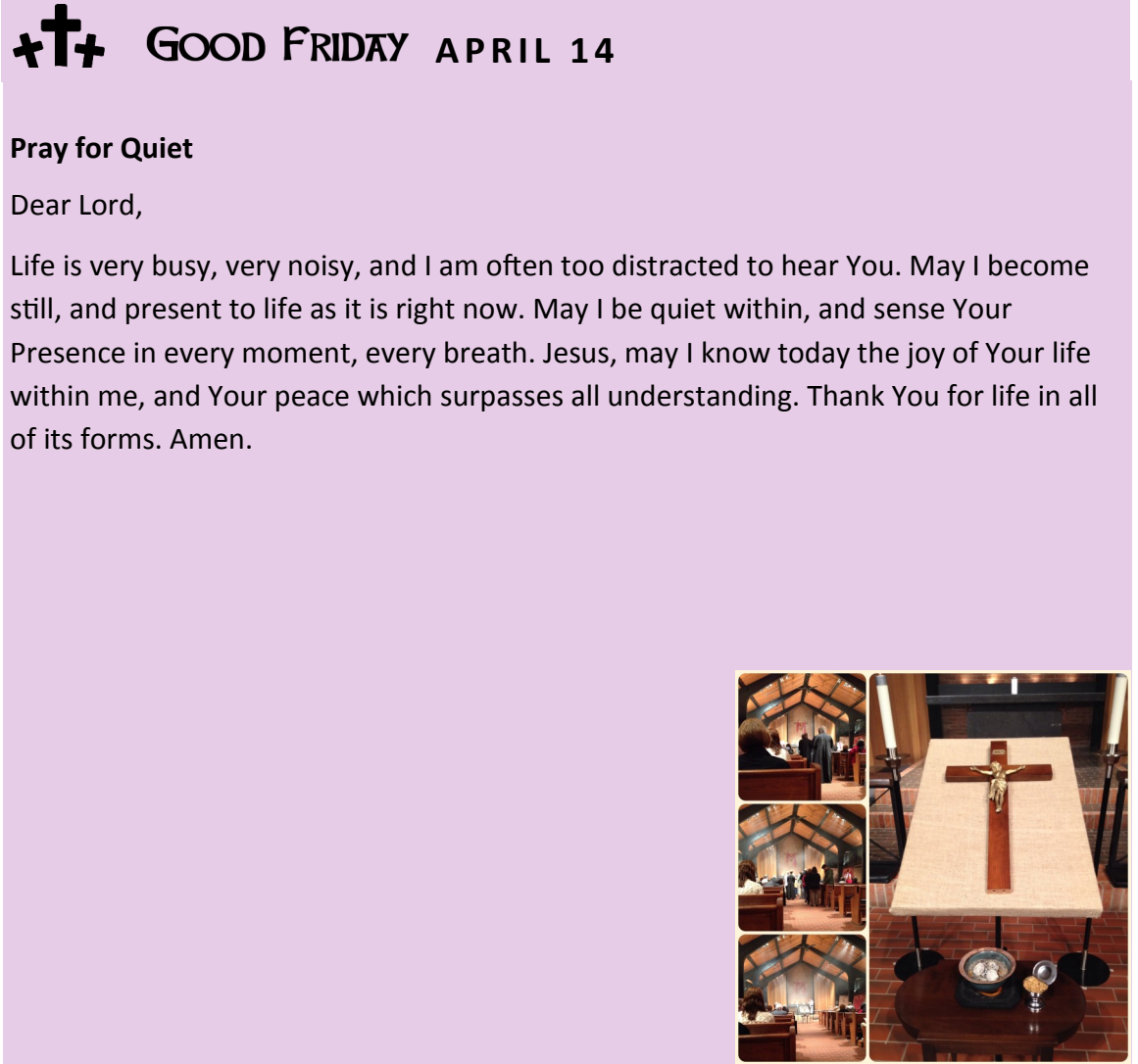
~ Pastor Ulrika “Eva” Vinge

Holy Spirit, blessed light of truth and faith, as you lead me this Lent through deserts and hard places: be my well of living water, I thirst for righteousness and joy. Come Holy Spirit - abide in me, sustain me, renew me.

Jesus Christ, blessed Son of God, my Lord and Lord of all, as I follow you this Lent into places I don't know: be my path and my protection. I long to feel your arms around my shoulders, I long to hear your words. Come Lord Jesus - abide with me - share your thoughts with me.

Heavenly Father, blessed God, through you comes every blessing. As you call me to share in Christ's suffering this Lent - let me grow in assurance of your good will in every circumstance, so that I may trust that you truly are mine, and I am yours. Come Heavenly Father- abide with me - you have promised not to leave me orphaned. Amen.





✠✠✠ GOOD FRIDAY APRIL 14

Pray for Quiet

Dear Lord,

Life is very busy, very noisy, and I am often too distracted to hear You. May I become still, and present to life as it is right now. May I be quiet within, and sense Your Presence in every moment, every breath. Jesus, may I know today the joy of Your life within me, and Your peace which surpasses all understanding. Thank You for life in all of its forms. Amen.






~ Submitted by the Bridge Class (4th & 5th graders)

Pray for Families, Grandparents, Friends and Pets

~ Submitted by the Atria II class (1st – 3rd graders)





We invite you to

HOLY WEEK AT ST. MICHAEL'S

Palm Sunday, April 9

8:00 a.m. Holy Eucharist

10:00 a.m. Holy Eucharist

Wednesday in Holy Week, April 12

7:00 p.m. Taizé Service

Maundy Thursday, April 13

7:00 p.m. Holy Eucharist (*with incense*)

Good Friday, April 14

12:00 p.m. Good Friday Liturgy followed by Stations of the Cross

10:00 a.m. A Walk Through Holy Week
(*a service especially for children and families*)

7:00 p.m. Good Friday Liturgy

The Great Vigil of Easter, April 15

8:00 p.m. Holy Eucharist (*with incense*)

Easter Day, April 16

7:00, 9:00, 11:00 a.m. Holy Eucharist